Social isolation is a preventable public-health crisis affecting millions of students and has been identified as a precursor to bullying, self-harm and community violence.

Studies indicate the negative impacts of social isolation include increased rates of academic failure and truancy, and increased risk of adverse medical outcomes including poor cardiovascular health, obesity and substance abuse.

Students have shown that given the tools, they will stand up for others as empathetic and caring activists, not passive bystanders. These students are making “inclusion the new cool in school”.

NO ONE EATS ALONE is a positive prevention initiative that works to prevent bullying before it starts by teaching students to lead the movement to change the culture of middle school!